



www.journalresearchijf.com

NO: SPS-00013

# ADVANCE RESEARCH JOURNAL OF MULTIDISCIPLINARY DISCOVERIES

(E-ISSN NO : 2456-1045)

A unit of **INTERNATIONAL JOURNAL FOUNDATION**

(Complete Online Research Journal Publication Solution)

Kolkata, West Bengal, India

## Certificate of Publication

The Certificate confirms that Mr./Mrs./Miss/Dr./Prof./

**Mr K.A. Joel Santhoshkumar & Dr P.V. Shelvam**

has successfully published his /her Original Research Paper or Manuscript titled "

**EFFECTS OF YOGIC TRAINING AEROBIC TRAINING AND DETRAINING ON MUSCULAR  
STRENGTH OF COLLEGE FEMALE STUDENTS**

under the journal Titled as

**"Advance Research Journal of Multidisciplinary Discoveries"**

Details of Published articles as follows:

**Manuscript Code** : SPS-V12-I1-C8-APRIL2017  
**Journal Name** : ADVANCE RESEARCH JOURNAL OF MULTIDISCIPLINARY DISCOVERIES  
**ISSN No.** : 2456-1045 (ONLINE)  
**Identification Details** : VOL-12.0 /ISSUE-1 / CHAPTER-VIII/ APRIL-2017 / PAGE (40-44)  
**Category** : PHYSICAL EDUCATION & SPORTS SCIENCE  
**Date of Publication** : 10-05-2017  
**Indexing Partner** : THOMSON REUTERS(RESEARCHERID), CITE FACTOR, GOOGLE SCHOLAR, INDEX COPERNICUS, WORLDCAT,DOAJ, ROOT INDEXING, SCHOLARS STER AND MORE

**Certificate Issuing Date** : 10-05-2017



**Editor-in-Chief**

**Authorised Signatory**